

EAST DAYTON CHRISTIAN ATHLETIC HANDBOOK



EAST DAYTON CHRISTIAN SCHOOL

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"Soaring to New Heights"

Effective 5/2/2014 – SN

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PURPOSE

The primary purpose of the East Dayton Christian School's Athletic Handbook is to inform the athlete and their families of the operational procedures within the athletic department. This handbook contains the majority of policies and procedures that govern extracurricular activities at East Dayton Christian. The secondary purpose is to provide effective communication that will serve as a foundation of information for coaches, athletes and parents.

***This handbook will undergo an annual review and revisions will be made as deemed necessary. The annual review will be conducted by the Superintendent, Principal and Athletic Director.

PHILOSOPHY OF ATHLETICS

The goal of the East Dayton Christian Athletic Department is to develop wellrounded individuals through a student's participation in competitive athletics. Physical activity is an essential aspect that allows for development in all other areas of life. The athletic programs at East Dayton Christian are designed to enable the student-athlete to do the following:

- **1.** Use their gifts, talents and abilities to glorify God.
- 2. Provide them with a platform to share the light of Christ with other schools.
- **3.** Contribute to the school-wide unity athletics can bring.
- 4. Learn the necessary skills that will be required of them in life.

There are three different levels of sports offered at East Dayton Christian. Each level is meant to provide the student-athlete with a different perspective and experience. Listed below are the tiers and the function of each tier.

Elementary

At the elementary level, East Dayton Christian is looking to provide the studentathlete an opportunity to begin experimenting with athletics. The purpose of this level of athletics is to provide a social setting for students to have fun and enjoy the company of their friends, while learning the basic skills of a respective sport.

Junior High

At the junior high level, East Dayton Christian will begin to build on the basic skills acquired during the elementary participation. Coaches will start to develop the skills necessary in each student-athlete to compete, appropriate to the junior

high level. Coaches will also teach student-athletes about character qualities such as perseverance, commitment, positive attitude, work ethic and teamwork as they encounter times in competition that will call for them to exhibit such traits. Lastly, East Dayton Christian will emphasize the active participation of each studentathlete, in preparation for their involvement in athletics at the high school level.

High School (Junior Varsity and Varsity)

At the high school level, East Dayton Christian will build upon the athletic skills developed at the junior high level while forming teams that excel against elite competition. Coaches will also continue to build on the character development that took place at the previous level. The athletic department seeks to have student-athletes that are not only game changers, but world changers as well. This can be accomplished by teaching athletes about their responsibility not only on a field or court but more importantly in the classroom and in the community.

CODE OF CONDUCT

The way a student-athlete behaves is not only a reflection of them, but also a reflection on East Dayton Christian and Jesus Christ. It should be understood that any student-athlete participating on behalf of East Dayton Christian Athletics know the responsibility they must carry. They must understand that someone is always watching. They must appreciate their role in representing the school. A student-athlete must develop and maintain an outstanding level of achievement on the court/field, in the classroom and in the community.

INJURIES/COMMUNICATION

When injuries or health issues arise coaches will communicate directly with parent/guardian who is provided through the Emergency Medical Authorization form. Coaches will also communicate with Athletic Director and complete an incident report form following any injuries or incidents.

SPORTSMANSHIP

The ATHLETE should:

- 1. Respect his/her coaches, officials and opposing teams.
- 2. Respect the facility of East Dayton Christian and any other school.
- 3. Encourage teammates and build them up when talking to other people.
- 4. Be humble in victory and gracious in defeat. Do not make excuses.
- 5. Pay attention to coaches (sideline), not parents (stands).

6. Be committed to their EDCS team. Athletes will not be permitted to play for another same sport team during their respective season.

The **COACH** should:

- 1. Set the example and standard for all student-athletes.
- 2. Represent East Dayton Christian in a Godly manner.
- 3. Teach players how to treat officials and opposing players by way of their own actions and comments.
- 4. Recognize that the course of development is just as important as the end result.

The **SPECTATORS** should:

- 1. Commit to sportsmanship. Set the example.
- 2. Officials and visiting schools are our guests. Athletics provides our school with a platform to represent East Dayton Christian and Jesus Christ.
- 3. Respect an official's call. You do not have to like it, but you must respect it.
- 4. Understand you represent East Dayton Christian just as an athlete does. Another school's perception of our school is formed just as much by your attitude as it is by watching our athletes compete.

EAST DAYTON CHRISTIAN SPORTSMANSHIP MOTTO:

"Sportsmanship is an expectation. Please let the players play. Let the coaches coach. Let the officials officiate. Let the fans be positive and supportive."

ORGANIZATIONAL AFFILIATION

East Dayton Christian is a member of the Ohio High School Athletic Association (OHSAA) Ohio Christian School Athletic Association (OCSAA) and competes in the OVCC (Ohio Valley Christian Conference). As a member in good standing, we recognize the need to adhere and submit to its authorities in all varsity and junior high athletics.

ORGANIZATIONAL STRUCTURE

Questions and/or issues that are encountered during a respective season or offseason should be dealt with first by the student athlete. If the question/issue is not resolved work with involvement of the parent/guardian. In the case of a question and/or issue arising parents/guardians should follow the below steps:

- Student communicates with coach on question/issue
- Respective coach, student and parent/guardian meet during a prior scheduled meeting time.

- All parties above meet with EDCS Athletic Director
- All parties above meet with EDCS Assistant Principal/Principal
- All parties above meet with EDCS Assistant Superintendent
- All parties above meet with EDCS School Board

COACHES

Coaches serve an important role within the East Dayton Christian Athletic Department. They set the standard by which all student-athletes look to as an example of how to conduct themselves on and off the court or playing field. East Dayton Christian recognizes the importance of having strong character individuals fill these roles. Upon being hired, head coaches are required to obtain a Pupil Activity Permit through the Ohio Department of Education (ODE). The following steps are required by ODE in order to fulfill the requirements for the Pupil Activity Permit, Coaches will submit receipts for all certifications and classes to be reimbursed by the Athletic Department:

- 1. Get fingerprinted (Both BCI and FBI). This should be completed by going to the Montgomery County Crime Lab, 361 W. Third St., Dayton, Ohio 45402. The coach will need to take \$70 cash to pay for the fingerprinting and have the results sent to BOTH the Ohio Department of Education and East Dayton Christian School.
- 2. A coach is required to be First Aid/CPR certified.
- 3. A coach must take a Sport Injury Prevention Course through Kettering Sports Medicine.
- 4. Coaches must complete the ODH Lindsay Law training
- 5. Lastly, a coach must complete the NFHS Fundamentals of Coaching online class as well as the concussion in sport course. Licenses will be purchased by the Athletic Department.
- 6. Once all courses are have been completed coaches must submit their application through their respective SAFE account.
- ***All of these requirements must be completed before a coaching candidate will be approved to coach their respective team.***

PRE-SEASON MEETINGS

There is a required pre-season meeting that takes place before the start of any sport season (Fall, Winter, Spring). Dates and times of respective meetings will be announced at school and be communicated through email via Renweb. This meeting is mandatory for any prospective athlete and their parents/guardians. If for some reason neither parent/guardian is unable to attend a pre-season meeting, they must schedule a separate meeting with the Athletic Director as soon as possible. These pre – season meetings are extremely important to receive valuable information for the upcoming season.

ATHLETIC PHYSICALS

No student may participate in any phase of an athletic program (try-outs, practice, or games) without the proper Pre-Participation Physical Form on file in the athletic office. Copies may be obtained by the parent or athlete at their request and are made available through the EDCS Athletic Web Site under the Forms and Documents tab.

ACADEMICS

There is a reason that student comes before athlete in the title "student-athlete." The East Dayton Christian Athletic Department wants for its athletes to set the standard and use its platform to influence the student body in a positive manner. Before an individual steps onto a court or playing field, one must first step up in the classroom. When an individual is a student-athlete at East Dayton Christian, the expectation is that they will take responsibility for properly managing their time and prioritizing their commitments. Education needs to be a top priority for any EDCS Student – Athlete.

The eligibility of a junior high and high school athlete is determined by the grading period preceding a sports season. Eligibility for the fall sports season will be determined by 4th quarter GPA from the previous school year. Eligibility for the winter sports season will be checked twice, once based on the 1st quarter GPA and once based on the 2nd quarter GPA. This is because the winter sports season spans two grading periods. Eligibility for the spring sports season will be determined by the 3rd quarter grades.

A rising 7th grade student (current 6th grade student) who will be participating in athletics will not have any eligibility requirements if they are participating in a fall sport. The same goes for any rising 9th grade student (currently 8th grade student). They are given a fresh start to begin their junior high and high school careers, respectively.

Requirements:

Junior high students will be required to pass a minimum of 5 courses and maintain an overall Grade Point Average (GPA) of 2.0 or higher. They may not receive an "F" in any more than 2 classes at report card time. They may not receive an "F" in Bible and be eligible for an upcoming season.

High school students will be required to maintain an overall Grade Point Average (GPA) of 2.0 or higher. They must pass a minimum of five (5) credit courses or the equivalent of. Mandatory electives that are one (1) credit hour courses may count towards fulfilling the class requirement. They may not receive an "F" in Bible and be eligible for an upcoming season.

Probation for student-athletes: A student-athlete who passes the minimum class requirements (5 Credits) but does not meet the GPA standard of 2.0 can be placed on student-athlete probation for the current quarter as long as their GPA for the previous quarter stands at or above a 1.5 GPA. Probation for the student athlete will result in a bi-weekly grade checks in each class that is the responsibility of the student – athlete. Student athletes on probation will have each teacher for all of their courses write and sign their current grade in the course. If at any point during the current quarter the student-athlete placed under probation has a grade drop below a C they will be prohibited from any after school athletic activities until all of their grades meet the minimum C requirement.

Homeschool students, junior high or high school, wishing to participate in a sport at East Dayton Christian must fulfill a couple of requirements in order to do so. First, they must enroll in one (1) academic course. The homeschool student must be taking a religion course, whether that be through their homeschool curriculum or at EDCS. Lastly, a homeschool student is required to submit their overall grades from classes being taken at home to the athletic office for eligibility determination. GPA requirements (minimum of an overall 2.0 GPA) apply to homeschool students as well as passing 5 credits.

FEES

Pay-to-participate fees are required at East Dayton Christian in order to provide the best available opportunities to our athletes. Fees are essential in helping the athletic department pay for items such as transportation to away games, uniforms and referees and warm up gear. The fees for each respective sport are as follows: Junior High Volleyball: \$175 Junior High Cross Country: \$175 Junior High Basketball: \$175

Junior High Cheer: \$150 Varsity Volleyball: \$200 Varsity Cross Country: \$200 Varsity Basketball: \$200 Varsity Cheer: \$225

There are a couple of things to understand about the pay-to-participate fees. Included in the fee is the cost of the end of season sports awards dinner (up to four family members). Also, for junior high and varsity sports, team apparel (not including shoes) is included in this price.

***Fees are due to the athletic office no later than the first scheduled practice. The only exception would be if a family is on a Payment Plan.

Multi-Sport Discount

Pay to participate fees are discounted for athletes who participate in more than one sport. An athlete participating in more than one sport will receive a multi-sport discount off of each additional pay-to-participate fee after paying the full fee for the first sport. All multi sport athletes will have a participation fee of \$150 after their 1st sport fee has been paid in full.

Payment Plans

The East Dayton Christian Athletic Department does offer payment plans in order to lighten the cost carried by the families. This is broken into two (2) payments and the due dates are listed below. Payment plans must be arranged between a family and the Athletic Director prior to the due date for pay-to-play fees, otherwise the full amount will be expected.

Fall Sports: 1st payment due – First Friday in September 2nd payment due – First Friday in October

Winter Sports: 1st payment due – First Friday in December

2nd payment due – First Friday in January

Spring Sports: 1st payment due – First Friday in March

2nd payment due – First Friday in April

If an athlete has not met their pay-to-play obligation, by full payment or payment plan, they will not be permitted to participate in any activities (practices and/or games) until a payment has been made to fulfill this requirement. Any outstanding balance will result in the holding of report cards, transcripts, diplomas and/or record transfers.

PARENT INVOLVEMENT

Parents play an essential role in operating an athletic department. Without the sacrifice parents display by way of time, money and effort, East Dayton Christian's athletic programs would be no where near the level at which they stand currently. Two places where parental involvement is always a need is in the area of gate and concessions. The weight of these areas requires us to share the task. As a parent of an athlete, you are **REQUIRED** to serve a minimum of two (2) games per athlete in your family (Maximum of 4 games) operating gate and/or concessions. Schedules will be issued at the beginning of each season. If you would choose not to volunteer your time in this manner, a fee of \$30 per event will be charged to the school account for your student athlete.

SCHEDULES

Practice and game schedules will generally be released to the athletes during the first week of their respective sports season. Please understand that schedules will vary on a week to week basis and change due to rescheduling, cancellation and inclement weather. It is important to remember that flexibility is essential during the course of a sports season. All scheduling will be made available to families during the first week of the season, as mentioned above. During the course of the season please regularly check for updates via email and the athletic calendar. If any practice or game is to be rescheduled, communication will be sent in an email via Renweb.

TRANSPORTATION

The school will make arrangements for transportation to all contests taking place away from East Dayton Christian as busing allows. Transportation needs are filled by the Beavercreek City School District; therefore we are unable to provide busing to away games taking place on any Saturday. It is the responsibility of each athlete to find transportation to away games on Saturdays.

Varsity athletes are required to ride the school provided transportation to **AND** from away contests. There are **NO** exceptions to this rule, unless an emergency is taking place.

Junior high athletes are required to ride the bus to away contests, but are allowed to ride home with a parent under specific conditions. A parent must submit a note to

the athletic office no later than one (1) day prior to the contest in order to be validated. There will be **NO** exceptions to this rule.

GENERAL INFORMATION

- Athletic Dress Code Athletes will comply with the following requirements in regards to dress code. For all home games junior high athletes (girls and boys) are required to wear khaki or tan colored school approved pants with either a polo or their respective team shirt. For away games, varsity athletes (girls and boys) are required to wear their complete travel suit, with any East Dayton Christian shirt under the jacket. Athletes who do not comply with these requirements will have consequences that are determined by their head coach. Coaches and captains may determine the dress code for varying situations.
- **Playing Time** The head coach of any team has the final say in how much playing time each player on the team earns. Playing time is a privilege, not a right. Playing time is earned, it is not given. Expect zero playing time when the season starts and enjoy every opportunity you earn.
- **Practices** Athletes are expected to be present and on-time to all practices. It is normal for scenarios to arise during a season that may cause a player to miss practice. It is asked that these scenarios be communicated to the coach before the day of a practice that will be missed. It is at the discretion of the head coach to approve or disapprove of a missed practice. It is also at the discretion of the head coach to provide consequences for missed practices.
- Athletic Uniforms Game uniforms may not be worn to school without the prior approval of the Athletic Director and/or Principal.
- Athletic Uniform Turn-In All athletic uniforms must be turned back into the athletic office no later than one (1) week after the final game of a respective season. Uniforms are expected to be turned in with no discoloration and/or damage. If there are any uniforms turned in that are not in satisfactory condition, there will be a \$75 per piece fee charged to the student's account. If a fee goes unpaid or uniforms go unreturned, report cards will be held until all is accounted for.
- Awards All athletes should plan to attend the end of season awards ceremony. Dress code for this event is as follows:
 Boys: Khakis (no holes, baggy or slim fit styles), Polo or Oxford style shirt. Girls: Khakis (no holes, baggy or slim fit styles), Polo or Oxford style shirt. Girls may also request to wear a dress or skirt for the occasion. The dress or skirt must be brought in for prior approval by the Principal or designated

department chair. Any adjustments that may be asked of an athlete must be made and brought back in for approval prior to the awards ceremony.

BOOSTER CLUB

The East Dayton Christian Athletic Booster Club is a group of parents whose purpose serves to support the program. The Booster Club provides financial and organizational support throughout the year. It organizes fundraising opportunities and operates the concession stand during multiple seasons. There is no fee to join the Booster Club. The Booster Club does nominate its own officers and holds its meetings the first week of every month. If you are interested in helping to support East Dayton Christian Athletics in this manner, please see the Athletic Director for information.

DIRECTIONS TO AWAY GAMES

Directions to the schools that East Dayton Christian plays are kept on file in the school and athletic office. These are available upon request. The addresses for game locations can also be found on the school's athletic calendar attached to every game. When requesting an away games direction sheet, please allow the athletic or school office ample time (2-3 days) to get it to you or your athlete.

CONTACT INFORMATION

All individuals who coach a team for the East Dayton Christian Athletic Department can be reached easiest via email. Every coach's email address can be found on the athletic website (see organizational links for web address). If there is an immediate need that should be addressed, please feel free to call the school office at (937) 252-5400 or email Seth Christian, Athletic Director, at schristian@eastdaytonchristian.org for a quick response.

ORGANIZATIONAL LINKS

- East Dayton Christian School
 - o <u>www.eastdaytonchristian.org</u>
- East Dayton Christian Athletics
 - o <u>www.edcsathletics.org</u>
- Ohio Valley Christian Conference (OVCC)
 - o <u>www.ovccsports.com</u>
- Ohio High School Athletic Association (OHSAA)

- o www.ohsaa.org
- Ohio Christian School Athletic Association (OCSAA)
 - o www.ohiocsaa.org
- National Federation of State High School Learning Center
 - o <u>www.nfhslearn.com</u>
- Dayton Children's Sports Medicine
 - o www.childrensdayton.org/cms/sports-medicine