STUDENT NUTRITION MENU 2019-2020 EAST DAYTON CHRISTIAN SCHOOL

DATES	WEEK ONE	WEEK ONE	WEEK ONE	WEEK ONE	WEEK ONE
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG 20-23	CHICKEN NUGGETS	NACHOS SUPREME	DOMINOS PIZZA	CHICKEN CLUX	BEEF CHILI WITH
SEP 23-26	GREEN BEANS	CHEESEY REFRIED	(CHEESE OR	DELUXE SANDWICH	BEANS, CRACKERS, &
OCT 28-NOV 1	FRESH BABY CARROTS	BEANS	PEPPERONI)	AU GRATIN	PEANUT BUTTER
DEC 9-13	SEASONAL FRUIT	SHREDDED	CHERRY SMOOTH 'N	POTATOES	SANDWICH
JAN 27-31		LETTUCE AND	GOOD SIDEKICK	GRAPE TOMATOES	SEASONED CARROTS
MAR 2-6		DICED TOMATOES	BROCCOLI FLORETS	APPLESAUCE	TOSSED SALAD
APR 6-9		DICED PEARS	MANDARIN		PINEAPPLE TIDBITS
MAY 18-22			ORANGES		
	WEEK TWO	WEEK TWO	WEEK TWO	WEEK TWO	WEEK TWO
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG 26-30	CHEEESBURGER	WALKING TACO	DOMINOS PIZZA	MEATBALL SUB	CHICKEN FRIES
SEP 30-OCT 4	BAKED BEANS	CORN	(CHEESE OR	GREEN BEANS	MASHED POTATOES &
NOV 4-8	FRESH BABY CARROTS	SHREDDED	PEPPERONI)	SIDE SALAD	GRAVY
DEC 16-20	SEASONAL FRUIT	LETTUCE AND	SMILEY POTATOES	APPLESAUCE	SLICED CUCUMBERS
FEB 3-7		DICED TOMATOES	BROCCOLI FLORETS		STRAWBERRY KIWI
MAR 9-13		DICED PEACHES	MANDARIN		FROZEN SLUSHIE CUP
APR 20-24			ORANGES		
MAY 26					
= 5					
	WEEK THREE	WEEK THREE	WEEK THREE	WEEK THREE	WEEK THREE
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEP 3-6	CHICKEN NUGGETS	BEEF & CHEESE	DOMINOS PIZZA	CHICKEN CLUX	BBQ PULLED PORK
OCT 8-11	PEAS	SOFT TACOS	(CHEESE OR	DELUXE SANDWICH	SANDWICH
NOV 11-15	FRESH BABY CARROTS	CORN	PEPPERONI)	AU GRATIN	BAKED BEANS
JAN 6-10	SEASONAL FRUIT	SHREDDED	CHERRY SMOOTH 'N	POTATOES	SLICED CUCUMBERS
FEB 10-13	32/13011/12111011	LETTUCE AND	GOOD SIDEKICK	GRAPE TOMATOES	PINEAPPLE TIDBITS
MAR 16-19		DICED TOMATOES	BROCCOLI FLORETS	APPLESAUCE	11142711122 1100113
APR 27-MAY 1		DICED PEARS	MANDARIN	AITELSAUCE	
AFIX 27-IVIAT 1		DICEDIFLANS	ORANGES		
			ONANGES		
	WEEK FOLID	WEEK FOLID	WEEK FOLID	WEEK FOLID	WEEK FOUR
	WEEK FOUR MONDAY	WEEK FOUR TUESDAY	WEEK FOUR WEDNESDAY	WEEK FOUR THURSDAY	WEEK FOUR FRIDAY
SEP 9-13	MAX STICKS WITH	CHICKEN PATTY	DOMINOS PIZZA	MACARONI AND	CHICKEN FRIES
OCT 14-18	MARINARA CUP	SANDWICH	(CHEESE OR	CHEESE	BAKED BEANS
			,		
NOV 18-22	GREEN BEANS	SEASONED	PEPPERONI)	PEAS CDARF TOWARTOES	SLICED CUCUMBERS
JAN 13-17	FRESH BABY CARROTS	CARROTS	SMILEY POTATOES	GRAPE TOMATOES	STRAWBERRY MANGO
FEB 18-21	SEASONAL FRUIT	CELERY STICKS	BROCCOLI FLORETS	APPLESAUCE	FROZEN SLUSHIE CUP
MAR 23-27		WITH PEANUT	MANDARIN		
MAY 4-8		BUTTER CUP	ORANGES		
		DICED PEACHES			
	WEEK FIVE	WEEK FIVE	WEEK FIVE	WEEK FIVE	WEEK FIVE
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEP 16-20	CHICKEN NUGGETS	BEEF & CHEESE	DOMINOS PIZZA	CHICKEN CLUX	SALISBURY STEAK
OCT 21-24	ROASTED REDSKIN	SOFT TACOS	(CHEESE OR	DELUXE SANDWICH	W/ROLL
DEC 2-6	GARLIC & ROSEMARY	CHEESEY REFRIED	PEPPERONI)	GREEN BEANS	MASHED POTATOES
JAN 21-24	POTATOES	BEANS	CHERRY SMOOTH 'N	GRAPE TOMATOES	AND GRAVY
	FRESH BABY CARROTS	SHREDDED			SLICED CUCUMBERS
FEB 24-28			GOOD SIDEKICK	APPLESAUCE	
MAR 30-APR 3	SEASONAL FRUIT	LETTUCE AND	BROCCOLI FLORETS		PINEAPPLE TIDBITS
MAY 11-15		DICED TOMATOES	MANDARIN		
		DICED PEARS	ORANGES		

DAILY OPTIONS:	DAILY FRUITS:	DAILY MILK:	
GRAPE UNCRUSTABLE W/CHEESESTICK	APPLE SLICES	1% CHOCOLATE	
CHEESE CHEF SALAD	APPLE JUICE	1% WHITE	
CHICKEN CAESAR CHEF SALAD	GRAPE JUICE	FF STRAWBERRY	
	ORANGE JUICE	SKIM	